



HUMAN RESOURCES DEPARTMENT

TO: All Part-Time Regular and Full-Time Employees

DATE: August 1, 2020

FROM: Human Resources Department

SUBJECT: Updated Fitness Center Discounts 2020

The City of New Braunfels is pleased to provide employees information on the following updated discounted gym membership rates. If you are currently enrolled with any of the listed fitness centers at a different rate, please inform the fitness center or Human Resources so they can change your rate accordingly. This list is provided for informational purposes only and does not imply endorsement of any particular product or service. Rates for any of the listed fitness centers are subject to change.

Fitness Center	Corporate Membership Cost (Monthly)	Amenities
American Fitness	\$18.24 – Individual \$36.48 – Two Members \$54.72 – Three Members \$72.96 – Four Members Available for payroll deduction	<ul style="list-style-type: none"> - Open 24 Hours - Waived Enrollment Fee - First Month Free for New Members - Free Group Exercise Classes Including Zumba, Body Pump, Bootcamp, Yoga, HIIT training, and more - 17,000 sq. ft. Weight Room - Free Childcare - Smoothies - Tanning - In-House Chiropractor

Fitness Center	Corporate Membership Cost (Monthly)	Amenities
Anytime Fitness	<p>\$29.95 + tax – Individual \$24 + tax – Add-On [must be a payroll deduction]</p> <p><u>How to sign up:</u> Sign up onsite at Anytime Fitness. Your deduction form will be emailed to Human Resources to begin payroll deductions</p>	<ul style="list-style-type: none"> - Discounted Enrollment Fee: \$25, normally \$39 - Discounted Card/Security fee: \$10, normally \$39 - 2 FREE personal training sessions - 24/7/365 Access - Global Reciprocity at over 2700 clubs
Das Rec	<p>\$26 – Individual Adult Membership \$18 – Individual Senior Membership (60+) \$43 – Family Membership (2-4) \$9 – Additional Youth Add-On (3-15) \$13 – Additional Adult Add-On (16-59) \$9 – Additional Senior Add-On (60+)</p> <p>[Tax is included in these membership prices]</p> <p><u>How to sign up:</u> Sign up in the Human Resources office</p>	<ul style="list-style-type: none"> -Free group exercise classes -Personal trainers available (additional fee) -Walking track -Aquatics area with lap lanes, waterslide, tot splash zone, on-deck pool party rooms, resistance vortex, spray and play feature, eight-lane competition pool -Kinder care (childcare center) -Various youth and adult sports leagues

Fitness Center	Corporate Membership Cost (Monthly)	Amenities
Gold's Gym	<p>\$24.95 + tax – Individual \$24.95 + tax – Add-On [must be payroll deduction]</p> <p><u>How to sign up:</u> Sign up in the Human Resources Office</p>	<ul style="list-style-type: none"> - Waived Enrollment Fee - Fitness Assessment - General Orientation with Personal Trainer - Monthly Wellness Newsletter - Free Group Exercise Classes - Use of Over 700 Gold's Gyms Worldwide - Cardio Cinema - Lap Swimming Pool - Jacuzzi/Sauna - Kid's Club included
Gypsy Waltz Yoga	<p>\$119 + tax – Individual (25% discount)</p> <p><u>How to sign up:</u> Sign up/pay onsite at Gypsy Waltz Yoga</p>	<ul style="list-style-type: none"> -No enrollment fees -The only hot yoga studio in the Austin/San Antonio area using FIR Infrared radiant heat -Also offer HEATED: Indoor Cycling, Rowing, Barre, and combination classes -Non-heated classes also offered: Acro Yoga, Prenatal, Gypsy & Baby, and Gypsy Kids

Fitness Center	Corporate Membership Cost (Monthly)	Amenities
Orange Theory Fitness	<p>\$149 – Unlimited \$89 – 8 Classes Per Month \$49 – 4 Classes Per Month</p> <p>[Tax is included in these membership prices]</p> <p><u>How to sign up:</u> Sign up/pay onsite at any Orange Theory Fitness location</p> <p>*FREE DAY PASSES AVAILABLE IN HR</p>	<ul style="list-style-type: none"> - All memberships allow access to any Orange Theory nationally and internationally - Heart rate-based interval training program delivering proven results - Heart rate monitors feed info in real time to screens to work at your own pace; HALF OFF heart rate monitors for city employees - Affordable way to have the expertise of a personal trainer - 30-day money back guarantee