



**FOR IMMEDIATE RELEASE**

**Sept. 26, 2019**

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**Westside Community Center Hosts Free Kidney Screenings**

**New Braunfels, TX** — Texas Kidney Foundation will be providing free kidney screenings through its Texas Kidney Check (TKC) program at the Westside Community Center on Friday, Oct. 11th, from 9:00 a.m. to noon.

There is no fasting required for this kidney screening, which tests for kidney disease by checking blood pressure, creatinine, e-GFR, blood sugar, A1C and BMI. The testing process takes about 15 minutes, and results are available right away. Participants will be able to review their results with a medical professional.

Kidney screenings will be offered on a walk-in basis.

The TKC program began in 2013 as a multi-faceted free wellness check. According to the Texas Kidney Foundation, for many of the participants, the TKC is the only healthcare they will receive for the year. In 2018 the foundation's early detection screenings identified two or more indicators of Chronic Kidney Disease in 56 percent of the participants.

For more information about the Texas Kidney Check Program visit [www.txkidney.org](http://www.txkidney.org) or call 210-396-8440.

The Westside Community Center is located at 2932 S. IH-35 Frontage Rd. in New Braunfels. For more information about this or other Westside Community Center programs, call the community center office at 830-221-4630.

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